



CROHN'S AND —
COLITIS RELIEF

Fighting the condition with love and care

2023

ANNUAL REPORT

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ABOUT

At Crohn's and Colitis Relief, we empower lives in Hackney. Our project addresses food insecurity, alleviates symptoms, and fosters resilience, shaping a brighter future for IBD/S patients.

Crohn's and Colitis Relief stands as a beacon of support for IBD/S patients in Hackney, particularly those grappling with the harsh impacts of the cost-of-living crisis. Our mission is rooted in providing essential assistance to individuals who, due to financial constraints, found themselves compromising on the Specific Carbohydrate Diet (SCD), triggering distressing flare-ups and exacerbating their symptoms.

Recognizing the critical need in our community, our project has become a lifeline for these patients. The distribution of food vouchers has proven transformative, not only bringing symptoms under control but also relieving beneficiaries of incapacitating pain. The positive outcomes extend beyond symptom relief, impacting the overall well-being of individuals who can now engage in daily tasks with reduced stomach pain, fatigue, and other debilitating symptoms.

Beyond health improvements, our project has contributed to the financial stability of beneficiaries. Breaking free from the shackles of illness, individuals are now returning to work and savoring precious moments with loved ones, enhancing their overall quality of life.

The impact of the project goes beyond the tangible benefits. By alleviating financial stressors, we are addressing the inflammatory effects exacerbated by stress in IBD patients. This holistic approach not only improves gut health but also fosters a comprehensive sense of well-being.

Moreover, the food vouchers empower patients to invest in their health, enabling them to access natural supplements, probiotics, vitamins, and organic foods. This newfound ability to afford essential health resources is leading to tangible improvements in bowel conditions and overall living circumstances.

Crohn's and Colitis Relief is more than an assistance program – it's a catalyst for positive change, empowering individuals to reclaim their health and lives. Together, we are building a stronger and more resilient community.

MESSAGE FROM OUR LEADERS

As leaders of this compassionate community, we share a collective commitment to fostering positive change and empowering lives. This space serves as a direct line to communicate our vision, updates, and heartfelt messages as we navigate the journey towards a healthier and brighter future together.



In the spirit of shared compassion and resilience, we extend our heartfelt gratitude for being an integral part of the Crohn's and Colitis Relief family. Your strength and courage inspire us daily, and as leaders, our commitment to your well-being is unwavering.

Through challenges and triumphs, we stand united, a community bound by empathy and a shared vision for a healthier future. Your stories of resilience fuel our dedication to providing support that goes beyond alleviating symptoms – it is about restoring hope, enhancing well-being, and creating lasting positive change.

Your journey is our journey, and together, we navigate the path towards brighter days. Your triumphs, both big and small, remind us of the incredible power that lies within our collective spirit.



CASE STUDIES

Transformative Impact on Sarah's Journey

BACKGROUND:

Sarah, a Hackney resident grappling with Inflammatory Bowel Disease (IBD) amid financial challenges, found herself caught in a cycle of compromised health due to the cost-of-living crisis. The need to adhere to the Specific Carbohydrate Diet (SCD) for IBD management was hindered by financial constraints, leading to distressing flare-ups.

INTERVENTION:

Crohn's and Colitis Relief stepped in with its food voucher program, providing essential support to Sarah. The vouchers not only enabled her to maintain the SCD but also significantly alleviated her symptoms. The reduction in stomach pain, fatigue, and other debilitating effects allowed her to resume daily tasks and reclaim a sense of normalcy.

OUTCOME:

Sarah's testimonial highlights the transformative impact of the project. Not only did the food vouchers bring her symptoms under control, but they also played a crucial role in improving her mood and overall well-being. With reduced frequency of bathroom visits and relief from acute symptoms, Sarah has experienced a noticeable improvement in her quality of life.

BEYOND HEALTH IMPROVEMENTS:

The positive outcomes extended beyond health improvements. With the alleviation of financial stressors, Sarah reported enhanced gut health due to reduced stress, contributing to her overall well-being. The newfound financial stability enabled her to return to work, spending more quality time with family and friends, and achieving an improved overall quality of life.

INVESTING IN HEALTH:

Sarah's ability to use the vouchers for natural supplements, probiotics, vitamins, and organic foods marked a pivotal moment in her health journey. The project empowered her to make choices that were previously out of reach, resulting in tangible improvements in bowel conditions, overall well-being, and living circumstances.

MISSION & VISION

Committed to those facing financial challenges, we empower individuals to lead healthy, functional lives.

Crohn's and Colitis Relief was set up as a free service to improve the quality of life of people across the country affected by Inflammatory Bowel Disease as well as similar illnesses.

We now provide many services that help reduce incapacitating IBD/S symptoms, in order to improve patients' overall wellbeing and allow them to lead healthy, functional lives rather than being sickly/hospitalised. CCR helps over 250 beneficiaries annually across London, Manchester and Gateshead. We primarily help the Jewish-Ashkenazi community where there is an exceptionally high percentage of people suffering from IBD/S (1 in 20 people suffer from IBD/S). We target people who are financially disadvantaged as they rely heavily on our services for their wellbeing.

CCRs volunteer support workers are here to assist families dealing with the initial shock of an Inflammatory Bowel Disease diagnosis. They provide understanding, answer questions, and recommend additional support resources.



PROGRAMS

Elevate lives with our impactful projects - from food vouchers for sustenance to therapeutic sessions for emotional well-being.

Dive into wellness with swimming sessions, embark on adventures, and ensure comfort with accessible toilet installations. Each initiative is a step towards lasting positive change.



Food Vouchers

Nourishing bodies and spirits, our past food voucher program ensured individuals with IBD had access to essential sustenance, promoting overall well-being.



Swimming Sessions

Diving into wellness, our tailored swimming sessions provided both physical health benefits and therapeutic relief for individuals managing IBD.



Adventure Island Trip

Escaping the challenges of IBD, our past Adventure Island Trip provided a joy-filled respite and fostered positive memories for participants.



Toilet Installations

Enhancing comfort and dignity, our completed toilet installations program created accessible environments tailored to the needs of individuals with IBD, improving daily living.



Therapy Sessions

Prioritizing mental and emotional well-being, our past therapy sessions provided essential support for individuals and families navigating the initial shock of an IBD diagnosis, empowering them with understanding and resources.



Toys and Educational Gifts

Prioritizing mental and emotional well-being, our past therapy sessions provided essential support for individuals and families navigating the initial shock of an IBD diagnosis, empowering them with understanding and resources.

NUMBERS

A detailed representation of our impact, illustrating the tangible outcomes of our initiatives through compelling numbers and statistics.

40

people for swimming program

100

families received food vouchers

150

children with toys and educational games

6

toilet installations

250

therapy sessions

80

children on the trip to Adventure Island



NUMBERS

To date CCR has helped over **250 IBD/IBS patients** a year to:



Feel less lonely,
isolated or judged



Gain a sense of
empowerment and control



Improve their coping skills
and sense of adjustment



Talk openly and honestly
about their feelings



Reduce distress, depression,
stress & anxiety or fatigue



Get the best medical
treatment available at the
earliest stage possible



Improved lives by reducing stigma
of socially & economically
vulnerable & isolated people

FEEDBACKS

Your feedback is not just valuable; it is a testament to the positive change we can create together.

These testimonials reflect the transformative impact of our initiatives, serving as a testament to the resilience and positive change within our community.



Life-Changing Convenience

"Having a dedicated toilet at home has been a game-changer for me. I can't express how grateful I am to the Screwfix Foundation for making this possible. It has improved my life in so many ways. It has given me the confidence to invite friends and family over without having to worry about finding a bathroom in time. I feel more in control of my condition, and it has boosted my self-esteem. I can't thank them enough for the positive impact it has had on my well-being."

- Sarah



A Grateful Heart Finds Relief

"Finding Crohn's and Colitis Relief was a game-changer for me. The food voucher program not only helped ease the financial strain but significantly improved my IBD symptoms. Reduced pain, improved mood, and the ability to get back to daily tasks – I'm grateful for the relief and positive impact on my overall well-being."

- Joy



Beyond Assistance, A Community's Empowerment

"Crohn's and Colitis Relief isn't just about assistance; it's about empowerment. The food vouchers not only addressed my nutritional needs but also contributed to my financial stability. I'm back at work, spending more time with family, and experiencing a higher quality of life. This project is a true catalyst for positive change."

- Lily



Transformative Support in Tough Times

"In the midst of financial struggles and IBD challenges, Crohn's and Colitis Relief has been a lifeline. The food vouchers provided relief not just from symptoms but also from financial stress. The ability to invest in natural supplements and healthy foods has positively impacted my gut health and overall well-being. Thank you for the transformative support!"

- Olivia



CONCLUSION

Through targeted initiatives and unwavering community support, Crohn's and Colitis Relief has made a significant impact in the lives of those affected by Inflammatory Bowel Disease (IBD).



Comprehensive Well-being:

Food vouchers alleviate symptoms and enhance overall well-being, while activities like swimming sessions and adventure island trips provide therapeutic outlets for individuals managing Inflammatory Bowel Disease.



Improved Quality of Life

Toilet installations, facilitated through partnerships like the one with the Screwfix Foundation, significantly enhance daily life, offering convenience and boosting confidence. Emotional support from volunteer workers contributes to an improved quality of life for those dealing with the shock of an IBD diagnosis.



Empowerment and Community Impact

Crohn's and Colitis Relief goes beyond tangible benefits, fostering community, empowerment, and resilience. Testimonials and success stories reflect the organization's commitment to positive change and building a stronger community for everyone affected by IBD.

Transforming lives and fostering resilience, our vision at Crohn's and Colitis Relief is to build a community where every individual impacted by Inflammatory Bowel Disease experiences empowerment, improved well-being, and a brighter future.



In closing, this report encapsulates the collective journey of Crohn's and Colitis Relief, where every number, testimonial, and initiative tells a story of empowerment, resilience, and positive change.

Together, we've not just addressed the challenges of Inflammatory Bowel Disease; we've built a community that fosters well-being, understanding, and support. As we reflect on the impact we've made, let it be a reminder that our commitment to transforming lives remains unwavering. With gratitude for your support and dedication, we look forward to continuing this journey, creating a healthier, more resilient future for all those affected by IBD.

We thank you for your continued support.

Contact

Crohn's and Colitis Relief

Charity no: 1187199 Company no: 10766434

58 Forburg Road London N16 6HT

02035196515

www.crohnscolitisrelief.com 

crohnscolitisrelief@gmail.com 

REGISTERED COMPANY NUMBER: 10766434 (England and Wales)
REGISTERED CHARITY NUMBER: 1187199

**CROHN'S AND COLITIS RELIEF
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS**

FOR THE YEAR ENDED 31 MAY 2023

Sugarwhite Meyer HS Ltd
First Floor
94 Stamford Hill
London
N16 6XS

CROHN'S AND COLITIS RELIEF

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CROHN'S AND COLITIS RELIEF
REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MAY 2023

TRUSTEES	Mr P Grosz Mr M Kahan Mr L Y Schapiro
COMPANY SECRETARY	Mr M Kahan
REGISTERED OFFICE	58 Forburg Road London N16 6HT
REGISTERED COMPANY NUMBER	10766434 (England and Wales)
REGISTERED CHARITY NUMBER	1187199
INDEPENDENT EXAMINER	Sugarwhite Meyer HS Ltd First Floor 94 Stamford Hill London N16 6XS

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MAY 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 May 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

REFERENCE AND ADMINISTRATIVE INFORMATION

The information is shown on page 1 of the financial statements and forms part of this report.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the charity are the relief of sickness and the preservation of health especially Crohn's disease, colitis and all forms of inflammatory bowel disease and the advancement of education of those diseases.

Significant activities

Crohn's and Colitis Relief (CCR) was set up to improve the quality of life of people across the country affected by Inflammatory Bowel Disease as well as similar related illnesses. CCR primarily targets the Jewish Ashkenazi community where there is an exceptionally high percentage of people suffering from these diseases. Our work is dedicated to funding and delivering activities to support and relieve people suffering from irritable bowel syndrome, and to improve their lives. Since a diagnosis of Inflammatory Bowel Disease can initially prove overwhelming for a patient and their family, CCR's dedicated group of volunteer support workers is available to help families to understand the condition, offer informed answers to questions and suggest further sources of support. The trustees are satisfied with progress made this year.

FINANCIAL REVIEW

Financial review

The trustees are pleased with results for the year. There was about a ten per cent increase in income. This enabled the trustees to give help and advice to more people suffering CCR and their relatives.

Reserves policy

The trustees do not seek to maintain reserves, other than to ensure that they can continue the activities of the charity. Reserves at the year end were £34,024 (2022 - £20,865) of which £686 (2022 - £8,812) were restricted.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

The charity is constituted as a company limited by guarantee and is governed by its Memorandum and Articles of Association dated 11 May 2017

Organisational structure

The charity has three trustees whom meet regularly in order to discuss and control its activities. All trustees and the administrator act on a voluntary basis and receive no remuneration or reimbursement of expenses. The power to appoint new trustees is vested in the board. It is not the intention of the trustees to appoint any new trustees. Should the situation change in the future, the trustees will apply suitable recruitment induction and training procedures.

Risk management


The trustees have reviewed the major risks to which the charity is exposed and confirm that they have established systems to mitigate them.

CROHN'S AND COLITIS RELIEF (REGISTERED NUMBER: 10766434)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MAY 2023**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on and signed on its behalf by:



.....
Mr M Kahan - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CROHN'S AND COLITIS RELIEF

Independent examiner's report to the trustees of Crohn'S And Colitis Relief ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 May 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


E Meyer FCA BSc

Sugarwhite Meyer HS Ltd
First Floor
94 Stamford Hill
London
N16 6XS

Date:

CROHN'S AND COLITIS RELIEF

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MAY 2023

		Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	108,338	33,849	142,187	56,951
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
EXPENDITURE ON					
Charitable activities	3				
Healthcare assistance		25,206	33,850	59,056	25,350
Awareness and coaching		12,290	8,125	20,415	-
Charitable		-	-	-	9,062
Support costs		47,804	-	47,804	13,269
Governance		1,573	-	1,573	1,447
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
Total		86,873	41,975	128,848	49,128
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
NET INCOME/(EXPENDITURE)		21,465	(8,126)	13,339	7,823
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
RECONCILIATION OF FUNDS					
Total funds brought forward		11,873	8,812	20,685	12,862
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD		33,338	686	34,024	20,685
		<u> </u>	<u> </u>	<u> </u>	<u> </u>

The notes on page 0 form part of these financial statements

CROHN'S AND COLITIS RELIEF (REGISTERED NUMBER: 10766434)

**BALANCE SHEET
31 MAY 2023**

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	8	1,652	1,944
CURRENT ASSETS			
Debtors	9	24,129	26,403
Cash at bank		17,426	10,125
		<u>41,555</u>	<u>36,528</u>
CREDITORS			
Amounts falling due within one year	10	(9,183)	(17,787)
NET CURRENT ASSETS		<u>32,372</u>	<u>18,741</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		34,024	20,685
NET ASSETS/(LIABILITIES)		<u>34,024</u>	<u>20,685</u>
FUNDS	12		
Unrestricted funds:			
General fund		33,338	11,873
Restricted funds:			
Restricted fund		686	8,812
TOTAL FUNDS		<u>34,024</u>	<u>20,685</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2023.


The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:


.....
Mr M Kahan - Trustee

The notes on page 0 form part of these financial statements

CROHN'S AND COLITIS RELIEF

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Going concern

There are no material uncertainties about the charity's ability to continue.

2. DONATIONS AND LEGACIES

	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Donations	3,394	-	3,394	15,450
Grants	104,944	33,849	138,793	41,501
	<u>108,338</u>	<u>33,849</u>	<u>142,187</u>	<u>56,951</u>

Grants received, included in the above, are as follows:

	2023 £	2022 £
Charitable	138,795	41,501
Other grants	(2)	-
	<u>138,793</u>	<u>41,501</u>

CROHN'S AND COLITIS RELIEF

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2023

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 4) £	Totals £
Healthcare assistance	59,056	-	59,056
Awareness and coaching	20,415	-	20,415
Support costs	38,563	9,241	47,804
Governance	-	1,573	1,573
	118,034	10,814	128,848
	118,034	10,814	128,848

4. SUPPORT COSTS

	Management £	Other 2 £	Governance costs £	Totals £
Support costs	292	8,949	-	9,241
Governance	-	-	1,573	1,573
	292	8,949	1,573	10,814
	292	8,949	1,573	10,814

Support costs, included in the above, are as follows:

Management

	2023 Support costs £	2022 Total activities £
Depreciation of tangible and heritage assets	292	343
	292	343

Other 2

	2023 Support costs £	2022 Total activities £
Rent and utilities	8,019	1,269
Subscription	930	1,494
	8,949	2,763
	8,949	2,763

Governance costs

	2023 Governance £	2022 Total activities £
Independent examiner's fee	780	540
Independent examiner's other fees	780	540
General expenses	13	2,394
	1,573	3,474
	1,573	3,474

CROHN'S AND COLITIS RELIEF

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2023

5. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Depreciation - owned assets	292	343
Hire of plant and machinery	12,442	1,943
	12,442	1,943

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 May 2023 nor for the year ended 31 May 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 May 2023 nor for the year ended 31 May 2022.

7. AVERAGE NUMBER OF STAFF

The average number of staff in the year was 3 (2020 - 1)

8. TANGIBLE FIXED ASSETS

	Fixtures and fittings
	£
COST	
At 1 June 2022 and 31 May 2023	2,287
DEPRECIATION	
At 1 June 2022	343
Charge for year	292
At 31 May 2023	635
NET BOOK VALUE	
At 31 May 2023	1,652
At 31 May 2022	1,944

9. DEBTORS

	2023	2022
	£	£
Amounts falling due within one year:		
Trade debtors	22,405	25,393
Prepayments	1,010	1,010
	23,415	26,403

CROHN'S AND COLITIS RELIEF

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2023

9. DEBTORS - continued

	2023 £	2022 £
Amounts falling due after more than one year:		
Tax recoverable	714	-
	<u>714</u>	<u>-</u>
Aggregate amounts	24,129	26,403
	<u>24,129</u>	<u>26,403</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade creditors	6,591	12,493
Social security and other taxes	-	1,898
Net Wages control	-	1,284
Accruals and deferred income	2,592	2,112
	<u>9,183</u>	<u>17,787</u>

11. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
Fixed assets	1,652	-	1,652	1,944
Current assets	40,869	686	41,555	36,528
Current liabilities	(9,183)	-	(9,183)	(17,787)
	<u>33,338</u>	<u>686</u>	<u>34,024</u>	<u>20,685</u>

12. MOVEMENT IN FUNDS

	At 1.6.22 £	Net movement in funds £	At 31.5.23 £
Unrestricted funds			
General fund	11,873	21,465	33,338
Restricted funds			
Restricted fund	8,812	(8,126)	686
	<u>20,685</u>	<u>13,339</u>	<u>34,024</u>
TOTAL FUNDS	<u>20,685</u>	<u>13,339</u>	<u>34,024</u>

CROHN'S AND COLITIS RELIEF

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MAY 2023

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	108,338	(86,873)	21,465
Restricted funds			
Restricted fund	33,849	(41,975)	(8,126)
TOTAL FUNDS	<u>142,187</u>	<u>(128,848)</u>	<u>13,339</u>

Comparatives for movement in funds

	At 1.6.21 £	Net movement in funds £	At 31.5.22 £
Unrestricted funds			
General fund	12,862	(989)	11,873
Restricted funds			
Restricted fund	-	8,812	8,812
TOTAL FUNDS	<u>12,862</u>	<u>7,823</u>	<u>20,685</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,951	(47,940)	(989)
Restricted funds			
Restricted fund	10,000	(1,188)	8,812
TOTAL FUNDS	<u>56,951</u>	<u>(49,128)</u>	<u>7,823</u>

CROHN'S AND COLITIS RELIEF

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MAY 2023**

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 May 2023.